

## Rebirth of the Forest

*Destruction leads to new beginnings. This is a photo of an area near Bootski Lake, British Columbia, that was destroyed by a wildfire in 2006. The charred and leafless trees, through which you can see the mountains, juxtapose the lush green bushes and Castilleja growing on the forest floor. This shows that after an ending, a rebirth can occur. Destruction creates space for renewal, which reveals that a loss means a change, not an end. The regrowth does not erase the damage caused by the wildfire, but it can create hope for a new life. The forest is still a forest and, even after a loss, it remains.*

