

Astral Embodiment: Thinking Piece

'Astral Embodiment' is a poem that fixates on the out of body experience called 'Astral projection' that has been talked about numerous times either by critics or believers. This poem covers the basics of going into the ability to travel to the subconscious realm and the dangers of over manifesting your desires and letting it control your way of thinking. It also shows how our subconscious mind allows us to travel back into the real human world while appreciating the power of manifestation and the creation of our human body.

After the flower dies,
After the trauma flies,
After the den cries.
Low and below, the trees, plants and the heavens collide.
After the mind empties,
Out of the body but we kept it,
After the soul encounters its own body,
The embodiment of astral planes that might turn 'ungodly'.
Dissociate from your previous body,
Few desperate movements to separate the astral from the lucid,
The lucid from the paralysis; it all seems so contradicting.
The manifestation of the soul collides with the perception of a
true incarnate.
Few might say it's all too close,
The powerful energy that brings you afloat,
Ethereal substances filled with energy and light.
The phenomenon believes that we can take a flight-to the
unknown.
Manifestation of the subconscious mind towards a goal,
A scary feeling might occur,
If we take it too seriously as a role.
The encounter with evil.
A paralyzed body seems to concur,
Signaling for the return of the soul-to its original owner,
Distracting you from fulfilling your greatest desires.
The body and soul are connected like a pair of wires.
To feel the air connect with the sun like a faded image
The soul reconnects towards the body,
But you stand to admire the beauty of creation,
As you get to admire the crucial foundation.